

Unlock your leadership potential:
Join our transformative programme



Emerging Women Leaders
Programme 2026

Information for participants





Does this sound familiar?

You sometimes find it difficult to clearly articulate your ideas, speak up or be heard.

You want to make a bigger difference, but feel unsure how to move forward.

You feel buried in day-to-day tasks and miss out on resources and leadership opportunities, with your most valuable skills going untapped.

This can leave you feeling stuck, un-confident or unsure about how to move forward as a leader.

Know this: you're not alone.

We've also faced the many challenges of navigating the leadership landscape.

The Ara ki te Taumata leadership programme is based on our own experiences, insights from wāhine/women we've coached and supported, plus the latest research on what works best for women.

How Ara ki te Taumata helps

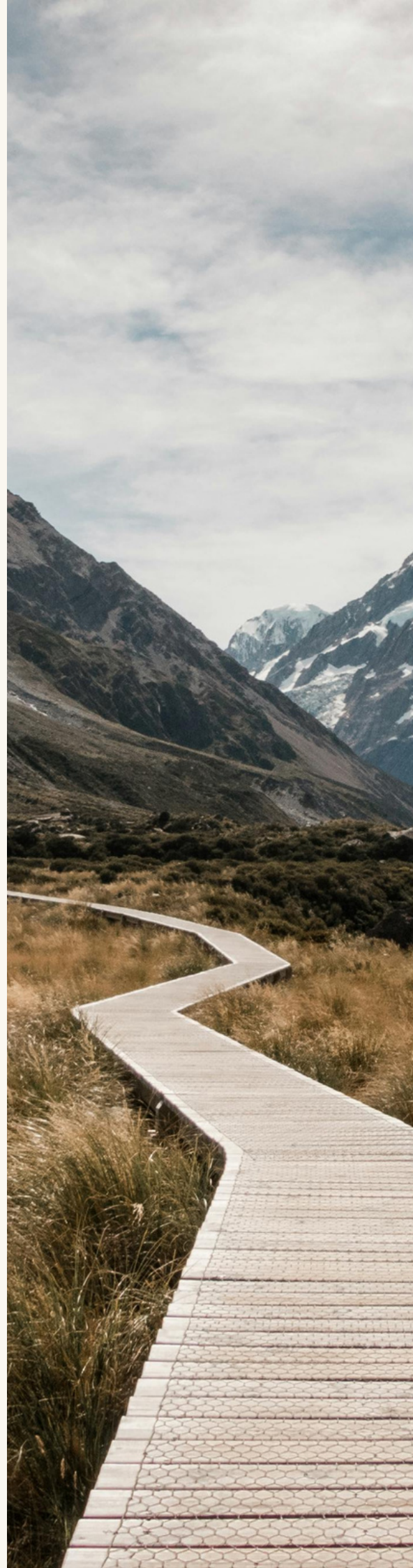
Our programme is for emerging wāhine/women leaders and has been designed as a journey to support and guide you to realise your full potential as a leader.

With our support, being part of a like-minded community with a safe, dedicated environment to learn and grow, you will uncover habits holding you back and explore your unique leadership style that aligns with your values and aspirations.

Research shows us that when wāhine/women step into leadership, businesses thrive. It proves diverse leadership improves financial performance, fuels innovation and growth and strengthens organisational culture and retention.

Ara ki te Taumata will support you to fully use your talents - empowering you to create the change you want to see in the world.

“
Since coming to Ara ki te Taumata, I am stepping up and acting like a leader. Others are noticing it, commenting on the difference and giving me new opportunities and I feel confident to take them up on these - Rosie Wayte Institute Manager, MacDiarmid Institute
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Programme Overview

- 10 x 120 min interactive online workshops
- 3 x 60 min one-on-one coaching sessions with Kirsty or Esther-Maria
- 1 x full day session face-to face in Wellington
- 1 x TetraMap instrument
- No homework/Non-contact hours

“

As a result of the programme, I now see myself as a leader, have a clear picture of the leadership work I want to do as well as the confidence and the tools to make that happen. - Shelley Bascand, Engagement Advisor, Hutt City Council

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INTERACTIVE WORKSHOPS

Our online workshops are highly interactive and collaborative. Rather than a lecture-style approach, we create a space where everyone has the opportunity to participate, share ideas, and learn from each other. This dynamic format ensures engaging discussions and meaningful connections, making the experience both impactful and enjoyable.

ONE-TO-ONE COACHING

Our 1-on-1 coaching offers each you three personalised sessions with Esther-Maria or Kirsty. The first and third sessions include your manager. This strengthens support for your leadership, aligns goals, and enhances the impact of your development.

FACE TO FACE WORKSHOP

Our face-to-face workshop is a full-day session held in Wellington, offering you the opportunity to connect *kanohi ki te kanohi* (face-to-face). It's a valuable chance to build relationships, share insights, and collaborate in person, deepening the impact of the leadership journey.

REGULAR LEADERSHIP EXPERIMENTS

Our leadership experiments provide an opportunity to apply tools and resources from each lesson in real-life scenarios, allowing you to test new approaches. Each session also includes time for sharing on your experiments and experiences so as to from one another's leadership journeys

TETRAMAP

Is a powerful communication and team-building tool inspired by the natural world. It uses the metaphor of the four elements—Earth, Air, Water, and Fire—to represent different behavioral preferences and communication styles. TetraMap helps you understand their own style and the diverse approaches of others.

Meet the Ara ki te Taumata team

Kirsty Doyle

Kirsty (Rongomaiwahine, Ngāti Rakaipaaka, Ngāti Kahungunu ki Wairoa) is a seasoned leader with expertise in empowering emerging voices and collaborating with Māori communities. With a strong background in capacity development across the public and private sectors, Kirsty brings cultural insight, practical skills and strategic vision to our programme.



Esther-Maria Bukholt

Esther-Maria (Tauīwi and Danish) is a skilled facilitator and coach with decades of experience in leadership, collaboration and personal development. Drawing on her work in community and bi-cultural development, health and wellbeing, she helps participants discover actionable solutions to their challenges and provides learning experiences that stick.





Programme details

Duration: 6 months

- Guided, interactive learning, mentoring, coaching, and group workshops

Standard Investment:

\$2350 (+gst) per person or
3 installments of \$861.67 (+gst)

Premium Investment:

\$2950 (+gst) per person or
3 installments of \$1081.67 (+gst)

Premium investment includes three additional personalised one-to-one coaching sessions, alongside tailored resources to support your individual leadership goals, growth, and development.

Time Commitment:

- Ten interactive learning sessions run for two hours each
- One, full day workshop in Wellington
- Three (or six with our premium investment) one-hour coaching sessions booked at times that suit you
- Regular Leadership experiments incorporated into your day

“ I have come such a long way since the beginning of our course. I no longer fear conversations that require being courageous. I make dream self decisions and do not second guess myself.

Eliana Hazel - King

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Frequently asked questions

I'm not sure if I'm leadership material. How will the program help?

Book your 20-minute call with us to explore your leadership goals and find out whether our Emerging Women Leaders Programme is a good fit for you.

Can we pay in installments?

Yes, we offer a payment plan of three installments.

Do you have a not-for profit option?

Yes, contact us to discuss options for not-for profit organisations.



Take the next step...



If you're ready to take the next step in your leadership journey, we're ready to support you.

Our programme is designed to provide you with a safe space to learn and grow, the guidance you need to build your leadership confidence and supported by a community of like minded wahine/women.

Book a 20 minute video call with us to explore your leadership goals and find out whether our Emerging Women Leaders Programme is a good fit for you.

Contact us at contact@arakitetaumata.co.nz or 027 481 3248.

Or register [HERE](#)

